

Zeitplan – Stand 23.08.2022 (Teilnehmerzahlen)

| UHRZEIT | WK U12 | MK U12 | WJ U14 | MJ U14 | WJ U16 | MJ U16 | WJ U20 | MJ U20 |
|---------|-----------------|-----------------|----------------------------|-------------|------------|------------|------------|------------|
| 11:00 | Schlagball (18) | Weit Zone (13) | | | Hoch (5) | Kugel (11) | Hoch (1) | Kugel (2) |
| 11:15 | | | 60mH (21) | | | | | |
| 11:30 | | | | | 80mH (5) | | | |
| 11:45 | | | | | | 80mH (7) | | |
| 11:50 | | | | Speer (13) | | | | |
| 12:00 | 50m (19) | | | | Kugel (4) | | Kugel (1) | |
| 12:15 | Weit Zone (19) | 50m (15) | | | | Hoch (9) | | Hoch (3) |
| 12:30 | | | 75m (38) | | | | | |
| 12:45 | | | | 75m (18) | | | | |
| 13:00 | | Schlagball (14) | | | 100m (14) | | 100m (13) | |
| 13:15 | | | | | | 100m (17) | | 100m (8) |
| 13:30 | | | | 60mH (11) | | | | |
| 13:45 | 800m (13) | | Weit 1 (15) Weit 2 (14) | | | | | |
| 13:55 | | 800m (11) | | | | | | |
| 14:00 | | | | | Speer (2) | Speer (9) | Speer (1) | Speer (3) |
| 14:05 | | | | | | | 400m (7) | |
| 14:15 | | | | | | | | 400m (3) |
| 14:25 | | | | | 4x100m (2) | | 4x100m (1) | |
| 14:30 | | | | | | 4x100m (3) | | 4x100m (2) |
| 14:45 | | | | 4x75m (2) | | | | |
| 14:55 | | | 4x75m (5) | | | | | |
| 15:05 | | | | | 300m (10) | | | |
| 15:10 | | | Speer (17) | Weit 2 (14) | | 300m (10) | Weit 1 (6) | Weit 1 (6) |
| 15:20 | | | | | 3.000m (3) | | | |
| 15:35 | | | | | | 3.000m (5) | | |

